

LRCCD COVID-19 Decision Charts– Employees/Students Rev. 1-26-22 Risk Mgmt./SHWC

The following is for managers, supervisor, and athletic trainers to determine next steps for employees, students, and athletes when close contact or testing positive.

Please do not email this chart to employees or students. These charts (1 & 2) are also part of the close contact notification template.

1. Close Contact Exposure to Someone with COVID-19 (Quarantine)	Recommended Action
<ul style="list-style-type: none"> Unvaccinated*; OR Vaccinated and booster-eligible** but have not yet received their booster dose. <p>*Includes persons previously infected with SARS-CoV-2, including within the last 90 days.</p> <p>**Booster-eligible-5 months after 2nd shot of Moderna/Pfizer & 2 month after 1st dose of J&J.</p> <p><i>Example: Person received two Moderna/Pfizer shots 7 months ago but has not received a booster, they quarantine. If person received a J&J shot 3 months ago, they quarantine.</i></p>	<ol style="list-style-type: none"> Stay home for at least 5 days, after your last contact with a person who has COVID-19. Test day 5 or after from date of exposure. Quarantine can end after day 5 if symptoms are not present AND a PCR test collected on day 5 or later is negative. Testing can be done on campus. If PCR test is completed outside of Biocept, please provide copy of results. No rapid or home tests. <i>Note: Exempt employees and Athletes must test with Biocept.</i> Can return to campus, if above is completed and must wear a well-fitting mask while indoors as required. If unable to test or choosing not to test, and symptoms are not present, quarantine can end after day 10 returning to campus on the 11th day. If symptoms develop, stay home for 10 days from onset of symptoms returning to campus on the 11th day. <u>Even if test is negative.</u> If fever is present, isolation should be continued until fever has been gone for 24 hours without the use of fever reducing medications. If testing positive, follow isolation recommendations below (Chart 3). Absence reporting for employees: please check with your manger/supervisor. Employees: please keep your manager/supervisor updated. Students advise your instructor and/or coach.

2. Close Contact Exposure to Someone with COVID-19 (No Quarantine)	Recommended Action
<ul style="list-style-type: none"> Boosted; OR 	<ol style="list-style-type: none"> Can remain on campus but must have a PCR test on day 5 (up to day 8). Testing can be done on campus. If PCR test is completed outside of Biocept, please provide copy of results.

<ul style="list-style-type: none"> Vaccinated, but not yet booster-eligible. <p>(Booster-eligible-5 months after 2nd shot of Moderna/Pfizer & 2 month after 1st dose of J&J).</p> <p><i>Example, if person's 2nd vaccination shot were 4 months ago they fall under this box – no quarantine. If the 2nd shot were 7 months ago, they would fall under the Quarantine box above.</i></p>	<p>No rapid or home tests. Wear a well-fitting mask while indoors as required.</p> <ol style="list-style-type: none"> If testing positive, follow isolation - see Chart 3 below. If symptoms develop, stay home for 10 days returning to campus on the 11th day. <u>Even if test is negative.</u> If fever is present, isolation should be continued until fever has been gone for 24 hours without the use of fever reducing medications. Absence reporting for employees: please check with your manger/supervisor. Employees: please keep your manager/supervisor updated. Students advise your instructor and/or coach.
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3. Persons Who Test Positive for COVID-19 (Isolation)	Recommended Action
<p>Everyone, regardless of vaccination/booster status, previous infection or lack of symptoms.</p> <p>Symptoms resolving or improving means cough, sore throat, or other COVID symptoms. No fever within the last 24 hours without fever reducing medicine.</p>	<ol style="list-style-type: none"> Stay home. Isolation can end after day 5 (from start of symptoms or positive test which every came first) if symptoms are not present or are resolving AND a PCR test collected on day 5 or later is negative. Testing can be done on campus if PCR test is completed outside of Biocept, please provide copy of results. No rapid or home tests. <i>Note: Exempt employees and Athletes must test with Biocept.</i> Can return to campus, if above is completed and must wear a well-fitting mask indoors as required. If unable to test or choosing not to test, and symptoms are not present or are resolving, isolation can end after day 10 returning to campus on the 11th day. If fever is present, isolation should be continued until fever has been gone for 24 hours without the use of fever reducing medications. If symptoms, other than fever, are not resolving or improving, continue to isolate until they are improving. Absence reporting for employees: please check with your manger/supervisor. Employees: please keep your manager/ supervisor updated. Students advise your instructor and/or coach.

Q&A

Q: Are Rapid test or home tests accepted?

A: NO.

Q: Employee has to stay home to care for a family member and before they would stay home – now what?

A: Based on their booster status they would fall into one of the first two charts.

Q: Student was tested on campus on day 6 after being exposed but the results won't be back for 3 days what should they do for their on campuses classes?

A: Cannot return to campus until negative test result received; the student should advise their instructor(s).

Q: Persons with "exempt" status who tests positive or have symptoms, do they still complete their weekly surveillance testing?

A: Yes, after the 10 days of being isolated they would continue testing. The test may be positive the first few times. Once the test is negative, then the next positive test is treated like a new active COVID infection and follow the charts above.

Q: What masks are acceptable?

A: N95, K95, Surgical masks (two masks or cloth mask on top of surgical mask). NO gators, bandanas or cloth masks.